

BERNAL JOURNAL

1986 APRIL

A FREE



Community Newspaper

S.F. C.A.P. Initiative

The San Francisco Campaign for Accountable Planning (S.F. C.A.P.) is a chance for San Francisco residents to take action before downtown growth takes us over completely. A coalition of neighborhood, environmental, and political organizations, S.F. C.A.P. is sponsoring a citywide growth-control initiative for the November 1986 ballot. The initiative would:

- . Extend indefinitely the Downtown Plan's three-year annual limit on downtown highrise office construction.
- . Effectively cut the annual limit in half, to 475,000 square feet, by counting against the total permitted development the millions of square feet of projects already approved.
- . Require that the City's Master Plan be strengthened and made consistent, with priorities given to preserving affordable housing, neighborhood-serving businesses, open space, and a diversified city economy.

. Establish a mechanism for a job placement and training program for San Francisco residents, funded by developers.

Yes, San Franciscans, downtown growth does affect your life. Take a look at the recent changes in your own neighborhood. How many small businesses serving the local residents have been forced out by enormous rent increases? How much have the average housing prices and rental costs increased in your neighborhood? Why can't the average person buy a house in San Francisco? Hasn't it become more difficult to find a parking space in your own neighborhood? Why is the Muni so crowded? Are the folks from Marin

County or the Peninsula parking in front of your house and taking Muni to work? San Francisco's residents pay a sales tax to maintain BART, but do most of the people who ride BART live in the City?

The answers to all of these questions point to the same thing: runaway downtown office development. Each 1 million square feet of new office development (the equivalent of about two Transamerica Pyramids) means:

- . 4,000 additional people.
- . 515 additional people driving into the city alone.
- . 410 additional people driving with more than one person.

★ REWARD ★

There has been an epidemic of auto burglaries in our neighborhood in the past several months. In one four-block area, 26 have been counted in the past month.

A group of concerned neighbors is organizing to stop this looting and to apprehend the people responsible. They are starting night watches and coordinating with the police to catch the people responsible.

A REWARD OF \$200.00 IS BEING OFFERED TO ANYONE WHO SUPPLIES INFORMATION LEADING TO THE ARREST AND SUCCESSFUL PROSECUTION OF THE PERSON OR PERSONS RESPONSIBLE FOR THESE AUTO BREAK-INS.

If you have any information on these neighborhood crimes, please contact the Bernal Heights Neighborhood Center at 648-0330 or the San Francisco Police Department, Ingleside Station, at 553-1603.

★ REWARD ★

- . 800 additional Muni riders.
- . 460 additional BART riders.
- . 3,000 additional housing units needed.

With a housing shortage already existing, where are we going to get those 3,000 housing units? How many more cars can our already clogged streets handle? Where are the provisions to expand the Muni service to handle this increase in growth?

S.F. C.A.P. is currently collecting signatures to qualify the initiative for the November ballot. When you see petitioners in the neighborhood, take a step toward a more livable San Francisco by signing the petition.

THE WINNAH!

The first three winners in the Lion's Club drawing, in order, were Myron Zimmerman (Oakland), Steve Nelson (El Sobrante), and Anne Hurley (San Mateo).

Oscar Morales (Folsom Street) and Frank Hutchins (Stoneman Street) of Bernal Heights each won \$50.

The first prize is a 1985 Nissan Sentra

2nd is \$6000 at \$1200 per year for 5 years

3rd prize is a week cruise for 2 to Mexico or Alaska

4th through 14th prizes are \$100 each

15th through 100th prizes are \$50 each.

We thank the Lion's Club, which has been conducting a drawing for 38 years, for their cooperation in allowing us to join their drawing. Bernal Heights Community Foundation will get 70 cents on every ticket sold -- BHCF sold about 3,700.

New Director at BHCF

The Board of Directors of the Bernal Heights Community Foundation is pleased to announce Fred Allingham as their new Executive Director. For the past four years he served as the Executive Director of an organization very similar to BHCF -- the Pico Neighborhood Association in Santa Monica which represents residents of a predominantly lower income and minority neighborhood. The Association operates housing rehabilitation,

jobs, crime watch, youth, and other programs for the neighborhood. Previously, he worked for the South King County Multi-Service Center in Kent, WA, a nonprofit agency serving a lower income population south of Seattle.

Fred has also worked as a consultant for Center for Community Change and recently did a performance study of the CDBG program of the city of Milwaukee in Wisconsin. His

experiences have led him to the belief that "community organizations are the one best hope for lower and moderate income people to gain some control over their living environment and the major issues that impact their lives."

Joy, Fred's wife, is a public school teacher. Their daughter, Deirdre, is in the eleventh grade. We welcome Fred and his family to Bernal Heights.

Teen Hosts Needed

Huckleberry House, the nation's oldest agency specializing in work with homeless and runaway youth, has designed a new program, the Time Out program. Time Out places youngsters who are experiencing difficulties within their families in temporary Host Homes while the skilled counselors at Huckleberry's work with the whole family to resolve their differences.

"There are many deserving youngsters in San Francisco, who with the proper support, can reconcile family differences and avoid turning to the streets for shelter," said Project Director Dana Smith. "Key to our success will be the families or single adults who are willing to open their homes to a youngster."

Huckleberry House is looking for people who like teenagers and who enjoy the challenge of working with them. Hosts could be a family who want to reach out and help another family. They could be people who had difficulties when they were teenagers and who want to help someone else out. They are people who know that when you enrich the lives of others, you enrich your own life. The pay is small, only \$15 each day to cover the youth's food, lodging and incidentals. The rewards are great.

If you are interested or you know someone who is, give us a call at 621-3003 and we'll tell you more.

"Autowise" Classes

On May 3, 10 and 17, Bernalian Mary Stern offers "Get Autowise -- a one-day hands-on class for people who know nothing, but want to learn something, about their cars. Limit of 4 per class. Call 415-282-4957 to make a reservation (\$40).

MEDICARE

Massachusetts recently signed into law a requirement that all doctors, as a condition of licensure, take Medicare patients "on assignment." This means that no doctor can charge any Medicare patient more than the amount Medicare pays him.

This law is the first of its kind in the nation and most people hope it spreads to California.

KELLYWEEK

"For 22 years we have taken the annual occasion of Kellyweek, traditionally around St. Patrick's Day, to thank our customers, temporary employees and our communities for working with us during the year," said Don Cameron of Kelly Services' San Francisco Regional office.

"We've chosen to reach out to the community by providing our best resource -- temporary employees -- to assist local non-profit organizations in their work toward worthy causes."

Kelly Services' Bay Area offices have selected 20 local non-profit organizations to receive a total of 400 hours, equal to 40 weeks, of free temporary help in celebration of Kellyweek 1986, March 16-22.

Overall, the world's leading temporary help firm has pledged 24,492 work hours -- equal to 12 years of one employee working a 40-hour week -- to over 2,000 winning organizations. Kelly offices throughout the United States and Canada held drawings to choose the winners as part of the company's annual Kellyweek celebration.

The Kelly San Francisco Region performed a random drawing to select the 20 winning organizations from among the 400 non-profit organizations that applied.

Each of the winning organizations will receive 200 hours free temporary help, from among 100 job categories that Kelly provides. These include clerical and secretarial work, word processing, data entry, packing and moving, telephone solicitation and other services.

Celebrate
CINCO
de
MAYO



ANTIQUES
COLLECTIBLES
ART OBJECTS

410 Cortland Ave
San Francisco, CA 94110
415-326-8330



Bernal Heights

WE SOLVE ALL YOUR PLUMBING PROBLEMS

**SATISFACTION
GUARANTEED**

FREE ESTIMATES

- WALL HEATER & GAS PIPE INSTALLATION
- REPAIRS & REMODELING
- CODE VIOLATIONS & ALTERATIONS

—CALL—

J.P. Hobb

550 7297

NEW CONSTRUCTION

- COPPER RE-PIPING SPECIALISTS
- FIRE PROTECTION SYSTEMS
- WATER HEATER SALES & SERVICE

**Home, Auto, Boat
and Life Insurance**

DON COOPER
Account Agent
80 Manchester, San Francisco, CA 94110
Phone (415) 282-0130

MEDICAL EMERGENCY

Will you know where to go?

The time to think about emergency care is now. And the place to think about is St. Luke's Hospital.

Our newly remodeled, physician-staffed emergency room is at your service 24-hours a day. We're affiliated with many major health plans and we accept major credit cards.

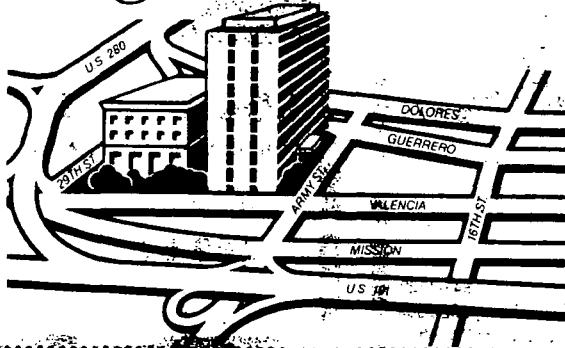
When it's time for emergency treatment, think St. Luke's

641-6625

Army St. at Valencia



**ST. LUKE'S
HOSPITAL**

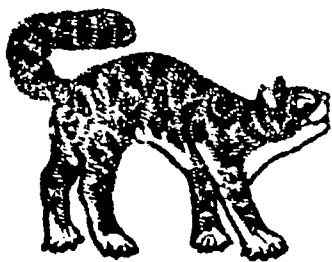


**NATURAL
PET SUPPLY
STORE**
HOLISTIC
VETERINARIAN
SWITCHBOARD
285-0209



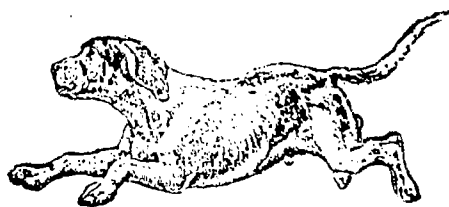
zampet

3274 MISSION STREET
SAN FRANCISCO, CA 94110



TIME TO SPAY

By Gail Caswell



It's spring again, and feline mating season has begun. Soon litters of kittens will fill Bay Area animal shelters. In San Francisco, most kittens brought to the S.F. SPCA (which has the best adoption rate in the United States) are adopted. However, the adult cats often lose out when the shelter is crowded -- one S.F. SPCA employee estimates that only 50% find homes during the summer and fall "kitten season."

(Dogs do not have a breeding season as sharply defined as that of cats; however, their S.F. SPCA adoption rate is lower, probably because fewer San Francisco landlords allow dogs.)

The justification for allowing your pet to have "just one litter" is flimsy. Animals live in the present, and your pet will not miss an experience it has never known. Even puppies and kittens for which you have "already found homes" contribute to the overpopulation problem: an unspayed or unneutered cat or dog can be responsible for thousands of other births within a few years. Also, each puppy or kitten born to your pet may mean the death of an equivalent number of shelter animals, as your

friends adopt your pet's offspring and leave those animals already at the shelter to die.

Neutering your pet is also good for the pet's health. The animal will be less likely to encounter the dangers of straying from home (starvation, thirst, disease, abuse) or fighting with other animals. Spayed females are less susceptible to mammary or uterine cancer.

The message is clear: the kindest thing to do is spay or neuter your pet. Low-cost spay and neuter surgery is available from the S.F. SPCA and through Pets & Pals, a small nonprofit humane organization. At the SPCA's Spay/Neuter Clinic, it costs \$25 to spay a female cat, \$20 to neuter a male cat, \$35 for a female dog, and \$25 for a male dog. (Free spaying and neutering are currently available for pets adopted from the S.F. SPCA.) Members (\$10 per year) of Pets & Pals pay only \$20 for a female cat and \$10 for a male cat; rates for dogs are slightly higher. No limit on the number.

The S.F. SPCA's Spay/Neuter Clinic is located at 2500 - 16th Street (near Bryant) and may be

PETS AND PALS A Nonprofit Humane Organization

Pets for Adoption



Low Cost Spay & Neuter

SAN FRANCISCO CHAPTER
1450 BROADWAY, SAN FRANCISCO 94109

775-6874



Blue Cross Pet Hospital

1386 Golden Gate Avenue • San Francisco • 94115

Sherman Wong, D.V.M.
David M. Strohauser, D.V.M.

931-5550
931-9302

reached at 621-1700 from 10-11:45 am, and from 2-4 pm on weekdays. Pets & Pals' spay/neuter service is located at the Animal Farm Pet Hospital, 26 Fell Street (near Market), and may be reached at 552-5353 from 1-4 pm weekdays.

If you share your home with a fertile pet, call right away. You'll be helping to save lives and making your own pet's life easier. And if you'd like to adopt a cat or dog (sometimes rabbits are available), both groups have animals available. The S.F. SPCA is open 11 am-7:30 pm every day. Pets & Pals' adoption service is open 9 am-6 pm weekdays.

TATTOO FOR DOGS

Free Tag for Each Dog Tattooed • Free Hot Line for Lost & Found Tattooed Dogs w/Free Local Registry Clinics arranged • Phone anytime

Available: National Dog Registry, est. 1966. One-time cost of registering your social security number on present and future dogs is \$35.00. Cost of Tattoo: \$10.00 per dog. Also available: Plastic engraved signs, name tags & dog or cat tags.

684 Guerrero Street
San Francisco, CA 94110

Phone 863-3056
Phone anytime

San Francisco Real Estate

George Arce • Don José Barrelier
Scandia Realty
765 Monterey Boulevard
San Francisco 94127

415-586-7400

Bar and Patio

Noon to 2 am



A Neighborhood Bar

Pool, Shuffleboard, Pinball

Thursdays **50's and 60's Music** - dj CARLOS brings you POP! Groovy

Fridays **Hors d'oeuvres** - 5 to 7 pm, chips & salsa and special treats

1st Friday in month, OYSTERS raw on 1/2 shell

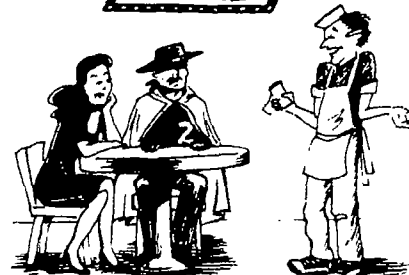
Saturdays **El Beergarden** - 12oz Bud 75¢ 3 to 7 pm

Guest DJ Nite

Sundays **Live Music** - Great Garden Parties Brazilian, Salsa, Calypso, Afro Music, 4-8 pm

3158 Mission St.

PIZZA WARS



"SORRY, I CAN'T DIVULGE OUR SAUCE RECIPE... IT'S SUCH A SECRET WE SCRAPE THE LABEL OFF THE CAN!"

SOPHIA'S
NEW YORK
PIZZERIA

DELIVERS

San Francisco, south of Market Street

550-8080

2823 Mission at 24th Street

Photo Exhibit / Art Show

Museo ItaloAmericano, Fort Mason Center, Building G, is offering an exhibition of the works of Italian-American photographer Frank Spadarella, from Woodside. This ten year survey is composed of 48 black and white photographs of the images of San Francisco, Italy, Mexico's Yucatan Peninsula and Machu Picchu, Peru.

Spadarella's work has appeared in local and national publications and is included in the permanent collections of the De Young Museum, San Francisco Museum of Modern Art, and private collections throughout the United States and Europe.

Frank Spadarella: Four Photographic Portfolios, Wednesday through Sunday, noon to 5 p.m. through June 29. Free.

The Museo is also sponsoring a children's art show in May. Entrants should base their drawings on Fables by Leonardo da Vinci. Grades 3 through 8 are eligible to enter. Finalists selected by a Children's Art Review Committee will display their work in the Museo Library during the month of May. Interested teachers and parents should contact Maria DeMartini at 673-2200.

Music Center Premiere

Community Music Center's San Francisco Children's Chorus, directed by Carol Negro, will premiere a joint collaboration between the Chorus members and Ms. Negro June 15, 7 p.m. in the Center's recital hall at 544 Capp Street. The concert, a "Comet Celebration," will feature poems written by the children set to music by Ms. Negro. The concert is free and open to the public.

Art Show

San Francisco Art Institute's graduate MFA show (graduating Masters of Fine Arts) will be on display in individual exhibits as part of a group exhibition, April 26 through May 11, daily, noon - 6 pm, free admission, Pier 2, Fort Mason Center.

Israel Expo

Israel Expo, a one-day celebration of Israel's heritage, offers entertainment, educational and cultural exhibits, including books, works of art, a crafts fair and many edible delights. May 26, Monday, 10 am - 6 pm, Fort Mason, Pier 3. Admission fee.

Indian Arts / Crafts

Craftspeople and traders will display the finest in rugs, pottery and jewelry at the San Francisco American Indian Arts and Crafts Show/Sale, Saturday (11 am - 9 pm) and Sunday (11 am - 6 pm), April 25 and 26, \$3 admission, at Building A, Fort Mason Center. Indian food will also be available for purchase.

Bay Area Photographers

"People, Places & Things," an exhibit of 32 photographs by Bay Area professional photographers, is open through April 28, Monday-Saturday, 9 am - 5 pm, free admission, Building A, Fort Mason Center Lobby.

Book Shows

Slipping Through the Cracks: The Status of Black Women is a volume of essays presented at the 1985 Congressional Black Caucus legislative weekend, edited by Margaret Sims and Julianne Malveaux, on Thursday, May 1, at 7:30 pm. San Francisco economist, writer, activist and Bernal resident, Malveaux will talk about black women's work issues, some of the essays in the book, and her work in progress. Donations. Everyone welcome, at Old Wives' Tales, 1008 Valencia Street. Call at least 48 hours in advance for childcare and signing. Wheelchair accessible.

On Tuesday, May 20, join Old Wives' Tales in welcoming Charlotte Mendez, author of Condor and Hummingbird, Wild Tree Press's 3rd publication. Set in Bogota, Colombia, Condor and Hummingbird is a richly textured story of growth and bonding among three women. Charlotte will read and sign books. Free.

You Are

Brain Exchange

The Brain Exchange, a "possibility salon" which meets Wednesday evenings 7:30-10 at 116 Coleridge Street, presents an opportunity to network with people who are finding new ways to balance creative fulfillment and financial security. Participants brainstorm problems into possibilities and hear talks by those who have made their talents prosperous. Donation requested. Call Lee Glickstein or Joy-Lily at 826-8248 for more information.

Galeria de la Raza

Galeria de la Raza presents "Roots and Wings" ("Alas y Raices"), painting and sculpture by Jerry Concha, Carlos Loarca and Gustavo Rivera, through May 1. The Galeria is located at 2851 24th Street. Gallery hours are from 1-6 p.m. Tuesday through Saturday. Studio 24, the gallery's gift shop, features a wide assortment of Mexican folk art. Studio 24 is open from noon-6 p.m. on the same days.

19th Century S.F.

A series of spring talks addressing the history, natural resources and cultural heritage of Golden Gate National Recreation Area and the San Francisco Bay Region is being offered at Fort Mason.

On May 20th, the final talk in the series will celebrate "A Grand Era of Recreation: 19th Century San Francisco and Adolph Sutro's Legacy," with Dr. Stan Anderson and a panel of long-time San Francisco residents.

Forums are held in the Conference Room, GGNRA Park Headquarters, Bay at Franklin Streets and sponsored by the National Park Service in cooperation with the Golden Gate National Park Association. Admission for each talk is \$1.00 and refreshments will be served.

We Specialize in Bernal Heights!



Your Local Realtor With
The Proven Track Record!

BROWN BEAR REALTY
303 Cortland Ave., San Francisco, Ca. 94110

Lonna Roberts
(415) 285-5700 BUS.
(415) 753-0380 HOME

ST. KEVIN'S PARISH

Three-day "LOTTERY FEVER" Festival

May 16, 17, 18, 1986

Parish Auditorium - Ellsworth St. off Cortland Ave. - S.F.
Awards to be presented Sunday, May 18th, 9:30 P.M.

**FIRST PRIZE - 1,000 LOTTERY TICKETS
OR \$1,000.00 CASH**

2nd-500 Tickets or \$500 Cash, 3rd-200 Tickets or \$200 Cash
4th-100 Tickets or \$100 Cash, 5th-10th-50 Tickets or \$50 Cash

HOLDER NEED NOT TO BE PRESENT TO WIN - FREE TICKETS - 704 CORTLAND AVE.
RECEIPT FOR \$1.00 CONTRIBUTION - TAX DEDUCTIBLE

**BOOTH - GAMES - GOOD FOOD
FUN FOR ALL**

Invited!

Summer Fun

Miraloma Cooperative Nursery School, a non-profit corporation, is sponsoring a Spring Lecture Series on Urban Families: Survival in the City:

Tuesday, May 13, 7-9 p.m., "City Riches: Summer Fun for Parents and Children" — With Carole Terwilliger Meyers, author of three books and monthly columns in California Magazine and Parents Press on this topic.

Lectures will be at the school, 443 Foerster. Ongoing parent education classes are held every Tuesday night at the school.

Caravan Stage Shows

The Caravan Stage Company, the world's only full-scale horse-drawn theater, presents "Manifold Destiny," a musical fantasy, and "Easy Street Cabaret," a special daytime show, plus a series of free daytime activities. There will be daily demonstrations on the care of draft horses, harnessing and teamstering and the Caravan Clydesdales and site tours of the Caravan performance structure, the Cosmodrome, the Caravan travel and performance wagons. Thursday through Monday, May 22 through May 26, the Great Meadow, Fort Mason, Bay and Franklin Street entrance. (Admission will be charged for performances.)

Huge Book Sale

The Friends of the San Francisco Public Library will present the Twenty-second Annual Book Sale at Pier 3, Fort Mason, May 22 through May 25, 1986.

Biggest in the West, the Sale opens with a Preview-Sale and Silent Auction from 4 p.m. to 7 p.m. on Thursday, May 22. Free to current members of the Friends, the preview is open to the public for a tax-deductible donation of \$5.

The Sale continues, free of charge, on Friday and Saturday, May 23 and 24, from 10 a.m. to 5 p.m., and Sunday, May 25, from 10 a.m. to 3 p.m. On Sunday, all books will be half off.

Proceeds from the Sale fund free library programs, book acquisitions, and special projects to benefit the Library and the community.

St. Mary's Dance

The San Francisco Recreation and Park Department is sponsoring two free adult dance classes.

Folk Dance Classes are held at St. Mary's Recreation Center, Murray Avenue and Justin Drive, Wednesdays, 7:45-9:15 p.m., and Round Dance Classes take place at Upper Noe Recreation Center, Day and Sanchez Streets, Mondays, beginners at 7:05-8:05 p.m. and intermediates 8:05-9:05 p.m. Beginning students are welcome to attend the intermediate session.

Both classes are taught by Pearl Preston. For more information, contact the Drama and Dance Division at 558-3601.

Model Railroad Club

Golden Gate Model Railroad Club is hosting a model railroad show open to the public Thursday through Saturday, April 24-26.

Featuring operating trains, both freight and passenger, the show emphasizes the contemporary railroad scene. The model was built in the early '60s and has over 600 feet of mainline trackage winding through representations of California's mountains and valleys.

There is no admission charge, but all donations are applied to upkeep and maintenance of the railroad. The scale model railroad is housed at the Randall Junior Museum, 199 Museum Way

Dedication Ceremony

You are invited to a Baseball Diamond Dedication by the San Francisco Recreation and Park Department at St. Mary's Recreation Center, Justin Avenue and Murray Drive, in memory of Grove R. Mohr, Saturday, April 26, 11 a.m.

Mohr, known as Mr. Baseball, devoted his life to working with youth and especially training teams in baseball. He worked for the San Francisco Recreation and Park Department for more than 35 years coaching Little League, Pee Wee, Playground, High School American Legion, and semi-pro baseball leagues. He was also a scout for three major league ball clubs: Cincinnati Reds, Pittsburgh Pirates and Milwaukee Braves.

Speakers at the ceremony include coaches from several high schools, civic leaders, and young adults who were coached or influenced by Mohr.

ST. KEVIN'S BINGO

Every Wednesday Night
Parish Hall—Ellsworth off Cortland
Doors Open 6:00 pm
First Game—7:50 pm
CARDS 4/\$3.50 8/\$7 12/\$10.50
includes all regular/jackpot games
\$100 Every Game • Bonuses
Good Neighbors • FREE GAME
"BUSKO" • Door Prizes • Jackpots!

Bernal Heights
 YEAR ROUND APPOINTMENTS
 REASONABLE RATES



FEDERAL, STATE & OUT OF STATE
 INDIVIDUAL AND BUSINESS
 NOTARY AND IN-HOUSE COMPUTER

ROBERT G. MOSER, E.A.
 FLORA L. ALEXANDER, T.P. ASSOC. (415) 641-4922
 501 CORTLAND AVENUE (415) 282-2609
 SAN FRANCISCO, CA 94110 RES. (415) 993-6811

Bernal Heights Law Collective

General Legal Practice Including:
 • Divorce & Family Law
 • Criminal Defense
 • Accidents
 • Wills & Probate
 • Social Security Disability
 • Bankruptcy
 • Eviction Defense

Free Consultation

707 Cortland Ave., S.F. (415) 826-6900



ARROW PHARMACY
 FREE PRESCRIPTION DELIVERY

439 CORTLAND AVE. S. F.
 PROMPT PRESCRIPTION DELIVERY

HOURS: MONDAY THRU SATURDAY 10:00am TO 6:00pm
 COMPUTERIZED PRESCRIPTIONS CLOSED SUNDAY
 MEMBER: PAID PRESCRIPTION PLAN
 BUY YOUR CALIFORNIA LOTTERY TICKET HERE

648-5618

EW Press
Printing & Graphics

Enrique Wong
 415-285-8510
 419 Cortland Avenue San Francisco, CA 94110

"Stick With Us
 For Quality
 & Service!"

Daniel W. Torres

NOE-BERNAL GLASS

401 Cortland Ave.
 San Francisco, CA

(415) 285-3181



BUD ROBBINS

150 BOCANA STREET
 SAN FRANCISCO, CA. 94110

648-8488

Printed in U.S.A.

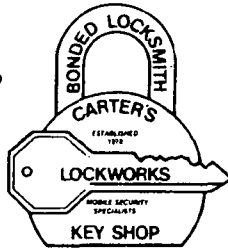
LOCKSMITH

COMMERCIAL-RESIDENTIAL-AUTO

409 CORTLAND AVENUE
 SAN FRANCISCO, CA 94110

282-6780

SHOP HOURS | M-F 10 AM - 6 PM
 SAT. 11 AM - 4 PM



MARK OBERZIL

fine jewelry

826-3557

399 CORTLAND AVENUE
 SAN FRANCISCO, CA 94110

Artist at Work

By Gail Caswell

The rich tones and abundant detail of Yolanda Barajas' paintings are reflected in the living room which serves as her studio. Paintings, books, comfortable furniture and an oriental rug fill the room. From her Glen Park window, the lights of the city spread out below. In the daytime, she says, the sunlight illuminates her easel.

For about two hours each day, Barajas may be found behind the counter of husband Danny Aleuy's D/J Liquors at 3278 Mission Street. Aleuy is a strong supporter of community newspapers such as the Bernal Journal. He also enthusiastically supports Barajas' career as an artist. "Danny is very proud of my achievement," she says. "He wants to paint, too, someday."

Barajas spends about five hours a day at her easel, painting portraits of film stars (including Marilyn Monroe, Elizabeth Taylor, Montgomery Clift, Hedy Lamarr and Vivien Leigh), other public figures (among them Robert Kennedy, Julio Iglesias and Ann Getty), and family members from photographs, as well as copies of the paintings of Old Masters (great artists of the past) such as Rembrandt, 17th-century Spanish painter Diego Velazquez, Raphael, Jacques-Louis David, and Theodore Gericault. She also enjoys painting people she knows as historical figures; for example, she has done



Portrait of Marilyn Monroe
by Yolanda Barajas

portraits of her sister as Cleopatra and her brother as King Philip II of Spain.

As she paints, she may listen to a play by Shakespeare or Chekhov, to an old movie on television, or to classical, Latin, or Russian folk music. Painting, she says, is "something I always want to do."

Barajas has been an artist for over 20 years, beginning as a child of six. For 10 years she studied with artist Abe Nussbaum in her

native Sacramento and exhibited her work there in 1984. She moved to San Francisco 13 years ago. Her paintings hang in private homes in Greece, Mexico City, Oklahoma and Philadelphia.

Barajas paints "in the grand manner" of those artists she most admires, Rembrandt and Velazquez. "Some experts consider Velazquez the greatest painter of all time," she says. Some day she plans to do original work in the style of these artists. In the meantime, she has painted what may now be the only existing "original" or Rembrandt's "Portrait of a Rabbi," which was stolen from San Francisco's de Young Museum several years ago.

In a self-portrait-in-progress, Barajas wears a long red gown. Her 11-year-old-black Shih Tzu dog, Roxanny, appears at her feet. The artist likes to paint animals as well as people. After the death of her sister's black and white Shih Tzu, Dervi (Roxanny's sister), Barajas painted the dog's portrait as a gift to her sister.

On the subject of women artists, Barajas feels that "women have not gotten enough recognition from the art world." One woman who did is a role model for Barajas. Sor ("Sister") Juana Ines de la Cruz, says the artist, was a 17th-century Mexican nun and poet of the Court of Saint Jerome. Sor Juana (the subject of the book *Woman of Genius*, by Margaret Sayers Peden) was "a woman of great beauty, talent and intellect," says Barajas. The poet, whose provincial beginnings were humble and

D J Wines & Spirits

wines

NOW AVAILABLE: LARGE SELECTION OF RED BORDEAUX

CH. L'ORE DU BOIS	750 ML	\$3.59
CH. PEYMARTIN 81	750 ML	\$7.99
CH. LAURENTAN 83	750 ML	\$4.89
CH. MEYNEY 81	750 ML	\$8.59
CH. DE SOLIGNAC	750 ML	\$4.39

AND MORE
AND FULL LINE OF CALIFORNIA WINES



BUY YOUR LOTTERY
TICKETS HERE!

SE HABLA ESPANOL



liquor

KORBEL BRANDY	LITER	\$8.99
EARLY TIMES	750 ML	\$6.19
SALIGNAC COGNAC	750 ML	\$9.99
FLEISCHMANN'S VODKA	LITER	\$5.69
EMMETS IRISH CREAM	750 ML	\$8.59



Champagne

BRUT ROYALE (FRANCE)	750 ML	\$6.99
MAXIM DE PARIS (FRANCE)	750 ML	\$4.99
CHANTAINE (FRANCE)	750 ML	\$4.89
SHADOW CREEK (CALIF)	750 ML	\$9.99
ACKERMAN (FRANCE)	750 ML	\$5.99
COOK	750 ML	\$4.19

BEER

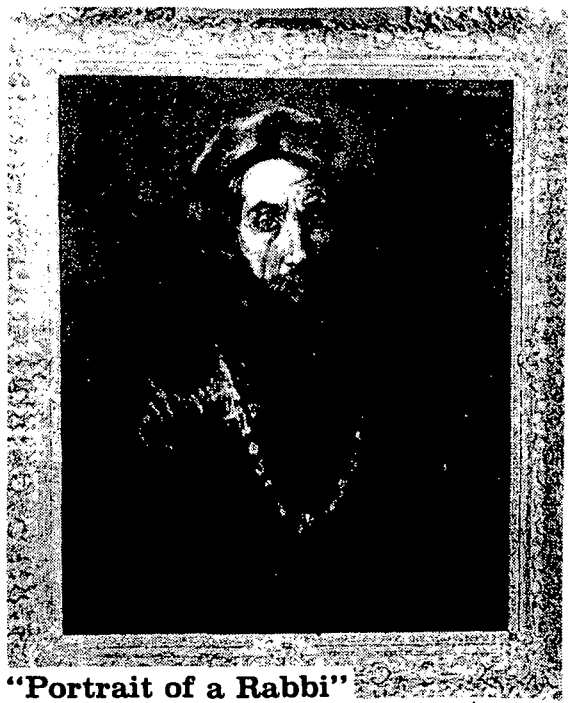
COORS	6 PK.	\$2.79
STROH	15 PK.	\$5.39
H. WEINHARDS ALE	6 PK.	\$3.09
H. WEINHARDS BEER	6 PK.	\$3.09
SPARTAN LIGHT	6 PK.	\$4.85

Limited Time Offer!

THESE PRICES GOOD THROUGH MOTHER'S DAY

3278 Mission Street

- 821-6544 -



"Portrait of a Rabbi"

after Rembrandt

continued from page 6

possibly illegitimate, became a favorite of the Court of Viceroys in Mexico City. She gave it all up to enter a convent because, at that time, it was "the only way a woman could follow her intellectual pursuits." Had Barajas lived in 17th-century Mexico, she adds, she probably would have done the same.

When she's not painting, Barajas finds time for books, music and "all kinds" of dancing, from aerobic to ballroom. This summer, she plans to visit for the first time her family's native Spain. (The Madrid airport, she adds, is named "Barajas.")

At the Prado Museum, she hopes to see the recently-restored "Las Meninas" ("The Maids of the Court") by Velazquez. In Spain, she says, artists can earn a good living doing copies of museum masterpieces. Perhaps, she adds, she may do the same while she's there.

Barajas welcomes commissions to paint portraits or copies of Old Masters. In the future, she hopes to increase her sales by advertising in magazines such as Town and Country and Connoisseur. She may be reached at 584-3697.

Cortland's New Businesses

By Margaret Jackson

Cortland Avenue is a hot spot for new business. Three new ventures have made their debut in the last six months and the Deli Pub has a new owner/manager, Brad Lipetz. Entrepreneurship is in the air on Cortland — it's exciting.

On Saturday I stopped in to see Jessie Alvarez at her new store, Goddess Faire, located at 511 Cortland. I was curious to find out what a "Natural Variety Store" (Goddess Faire's subscript) would sell. The simple answer to this question is, just about everything. Jessie's products include cut flowers, live herb plants, peppermint and spearmint teas, herbs and spices, incense, greeting cards, soap, shampoos, lotions, and many other items to enrich the soul and help you treat yourself well. Prices are very modest at Goddess Faire. Jessie doesn't want to see Cortland become another overpriced Union Street. She wants to provide a place where people can feel good. All the herbs sell for 20 cents per oz., 75 cents will get you a brightly colored hairclip, and a wonderful toothbrush can be yours for \$2. (I bought one and will never be satisfied with another Oral-B again.) The most expensive item at Goddess Faire is a beautiful blue ceramic bowl that runs about \$20.

Jessie is a character. She obviously loves people and enjoys taking time out to talk with a customer about the healthful effects of rosehips or listen to their stories and experiences.

Goddess Faire celebrates life, health and humanity. "It's a place for you to feel good," says Jessie. There's one woman who comes into the store twice a day just to "get a breath of fresh air." The air inside 511 Cortland is fresh — whether it's a hint of lavender, or the essence of quantities of thyme or the overall feeling that you are cared for, I

don't know. I suspect that they all work together. Jessie wants it to be a fun store for big and little girls but I'd say it's for anyone who wishes to enjoy life more fully.

A little older, but only by a few months, are two restaurants. One, the New Deli, is run by Sam and Tiger Halth, two young men who got tired of working for someone else and decided to go into business for themselves. Salads, falafel, piroshki, stuffed grape leaves and deviled eggs are some of the items from which you can choose for lunch or a snack. Most customers enjoy meals on the premises although take-out service is available.

The other restaurant is the Deli Pub, recently under the new management of Brad Lipetz. Brad has given the deli a bit of a facelift, refinishing the tables and adding some wonderful animal masks which hang from the walls overhead. The atmosphere is tranquil and the service friendly. The Deli Pub is a nice place for lunch or tea, offering a wide range of sandwich choices as well as soup of the day and luscious desserts. He is now offering delivery service within Bernal.

If you're tired of the same old egg salad on rye or wish you didn't have to wash the dishes, or better yet, if you want to find out about some new places and things to eat, go check out Cortland's delis. Bon appetit!

TREVOR MARTIN MONTESSORI SCHOOL

FOR
AGES 2½-5
(in Bernal Heights)

Full day, Half day
7:30 AM - 6:00 PM
Educational Programs—
Daycare
550-6865

Carmela Bozina, Director

A GENTLE TOUCH

Complete Dental Care

Preventive Dental Care
Cosmetic Bonding
Gum Treatment
Orthodontic Treatment

Sat.-Sun. 8-5
Mon.-Fri. 12-8

3208 Mission Street
641-8900

AQUARIUMS PLANTS PET SUPPLIES

B & H
TROPICAL FISH
3277 MISSION STREET
(NEAR 29TH STREET)
SAN FRANCISCO, CALIFORNIA 94110
PHONE 826-2120

LEO R. SAPIENZA REALTY

HOUSES - INCOME PROPERTY - INSURANCE - PROPERTY MANAGEMENT

LEO R. SAPIENZA
REAL ESTATE BROKER
3361 Mission Street
San Francisco, Calif.
Phone: 648-4000

Café Commons

3161 Mission Street
San Francisco, CA. 94110
(415) 282-2928



HOME FEDERAL SAVINGS
AND LOAN ASSOCIATION OF SAN FRANCISCO

MARIA BAUTISTA
BRANCH OPERATIONS MANAGER

3334 Mission Street • San Francisco, CA 94110 • (415) 826-6166

SAN FRANCISCO 415/285-8588
AUTO REPAIR CENTER
FOREIGN AND DOMESTIC AUTO REPAIRS

- NOW OPEN 7 DAYS!
- Dependable Work-Honest Prices
- Basic Auto Repair Classes
- A Community-Oriented People's Garage
- Men & Women Mechanics
- Official California Smog Station

611 Florida St.
(Near 18th St.)
San Francisco 94110

Folk Music Festival

Come to the tenth annual free folk music festival, two days with continuous workshops, performances and dancing. The finest callers in Square, Contra, Irish and English Country dancing will perform with live music for all who wish to dance. For those who wish to listen there will be the best of the Bay Area's folk musicians performing during a continuous concert from noon till closing. For those who wish to learn, there will be workshops in guitar, harps, pocket instruments, and various singing and song styles. For those who wish to buy, food and musical items will be available for purchase. The Festival is sponsored by the San Francisco Folk Music Club as a gift to the City of San Francisco. June 7 and 8, Saturday 11 am - 11:30 pm and Sunday 11 am - 7 pm in Buildings A and C, Fort Mason Center.

Toll-free Voter Lines

Secretary of State March Fong Eu has announced that the statewide toll-free telephone lines dedicated to voter registration card request are again in service for the 1986 election.

The numbers—800-345-VOTE (345-8683), and 800-345-8083—will be in operation until May 5, the close of registration for the June 3 election.


BERNAL JOURNAL

The Bernal Journal is produced every two months by a group of volunteers, with the support of community business. Our circulation for this issue is 5,000. Our mailing address is 515 Cortland Avenue, San Francisco 94110. Messages: 648-0330.

EDITOR: Lurilla Harris

DISTRIBUTION: Lee Egger
and Mary Lou Bartoletti

ADVERTISING: Martin Ronch

PRINTING: Howard Quinn Co. 

ADVERTISERS

Business card rate is \$20. 1/6 page \$50. 1/4 page \$60. 1/2 page \$110. Full page \$200. 10% discount on agreement to run 3 or more consecutive ads. Typesetting available at additional charge. No charge for pasteup.

Next deadline: May 30

DEADLINES:

Please ask for assignment or send notice of planned articles for next issue by **May 23**. Photos, ads and stories due **May 30**

CCC / Zim's Dinners

Zim's Restaurants are honoring members of the San Francisco Conservation Corps by providing dinner for the crew with the best attendance each month, and Richard Woo, community relations coordinator for the SFCC, says attendance has risen substantially since the dinner program began in January.

Darlene Smith, sales and promotions coordinator for Zim's, says the restaurant chain is participating in the program because it wants to encourage the Corps' good work.

"We're a San Francisco-based operation," Smith said. "We want to do everything we can to support other San Francisco organizations working to improve the City."

Zim's at Van Ness and Geary hosts the monthly dinners, which will last through April.

East Slope Moratorium

A three-month moratorium on the issuance of building permits for the east slope of Bernal Heights was recommended by the supervisors Planning, Housing & Development Committee 3/18/86.

Purpose of the temporary permit ban is to give the Planning Department time to develop building guidelines that take into consideration emergency vehicle access, off-street parking and problems associated with developing landlocked lots.

Please Patronize Our Advertisers



DAILY

1. Senior lunch and programs, 9-2
2. Headstart (preschool)
3. MISY program (Mayor's In-School Youth)
4. S.L.U.G. (S.F. League of Urban Gardeners), 9-1

Funding for the MISYP must compete with funding for other City services and is not a shoo-in, given the projected city deficit. Please write letters supporting MISYP to Irene Williams-Doss, 2012 Pine Street, San Francisco 94115, and a copy to the Center.



515 Cortland • San Francisco, CA 94110

WEEKLY

1. Narcotics Anonymous, Wednesdays 8:30-10 pm
2. Girl Scouts, Wednesdays 7:30-8:30 pm
3. Alcoholics Anonymous, Thursdays 7:30-9 pm
4. Weight lifting Bernal Heights Recreation Center, Moultrie Street and Jarboe Avenue.

MONTHLY

1. Cortland Merchants, 3rd Tuesday, 7:30 pm
2. BHCF Board, 3rd Tuesday, 7 pm
3. Neighborhood Center Committee, 2nd Wednesday, 6:30 pm
4. Senior Advisory Board, 1st Monday, 1 pm
5. Senior Birthday Lunch/Dance, last Monday at St. Kevin's Ellsworth Hall, 9-2
6. Government Food Distribution, last Thursday, 9 am

*** The public is invited to all of the above ***

SENIORS

MAKE A FRIEND

BE A FRIEND

SENIORS

COME CHAT AND CHEW WITH US. WE
NEED MORE SENIORS TO HAVE MORE FUN.

HOT LUNCHES!

EXERCISES!

TRIPS!

FREE MOVIES!

PARTIES!

SURPRISES!

SPANISH CLASS!

GROCERY SHOPPING!

TABLE GAMES!

CHORAL SINGING!

SPEAKERS!

INTERNATIONAL COOKING!

CITY BLOCK WALKS!

ARTS & CRAFTS!

FOLK DANCING!

TRANSPORTATION AVAILABLE

VOLUNTEERS WELCOME

CALL 648-0330